



Na'amat Canada

Welcome to the world of
Na'amat Canada

MEMBERS' HANDBOOK

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INTRODUCTION FROM OUR NATIONAL PRESIDENT

On behalf of our Na'amat Canada National Board, I would like to welcome you to Na'amat Canada and to thank you for joining us as we strive to enhance the lives of women and children in Israel.

As I have said in the past, “the information that you will not find in this book includes the intangible ideals, which come with being a Chavera (member). The friendships, the commitment to each other, the support systems achieved within clubs/chapters/groups and the organization cannot be listed in an information booklet.”

This booklet has been designed to give you an overview of what we do and who we are, from the club/chapter group, city, and national perspectives. Hopefully, it will also answer any questions you may have about Na'amat in general. We hope that this booklet will help to lay the foundation upon which you will build your own connection and commitment to Na'amat.

If you still have any questions, comments, or concerns, please feel free to contact myself or the Na'amat Canada office at 1-888-278-0792 or naamat@naamat.com.

Sandi Seigel
National President
sandi.seigel@naamat.com
December 2020

NA'AMAT CANADA MISSION STATEMENT

Na'amat Canada is a Jewish non-profit women's organization which works to improve the lives of women, children and families in Israel and Canada. We raise funds to support Na'amat Israel in the areas of education and social services.

TAG LINE

Empowering women and children in Israel and Canada since 1925

NA'AMAT – A WORLDWIDE MOVEMENT

Na'amat branches can be found in 8 countries around the world and with Na'amat in Israel, are united under the banner of the World Movement. The World Movement Executive, which is made up of representatives from the 8 countries, meets annually to review the programs and policies of the International Organization.

NA'AMAT AROUND THE WORLD

NORTH AMERICA

CANADA
UNITED STATES
MEXICO

SOUTH AMERICA

ARGENTINA
BRAZIL
PERU
URUGUAY

EUROPE

BELGIUM



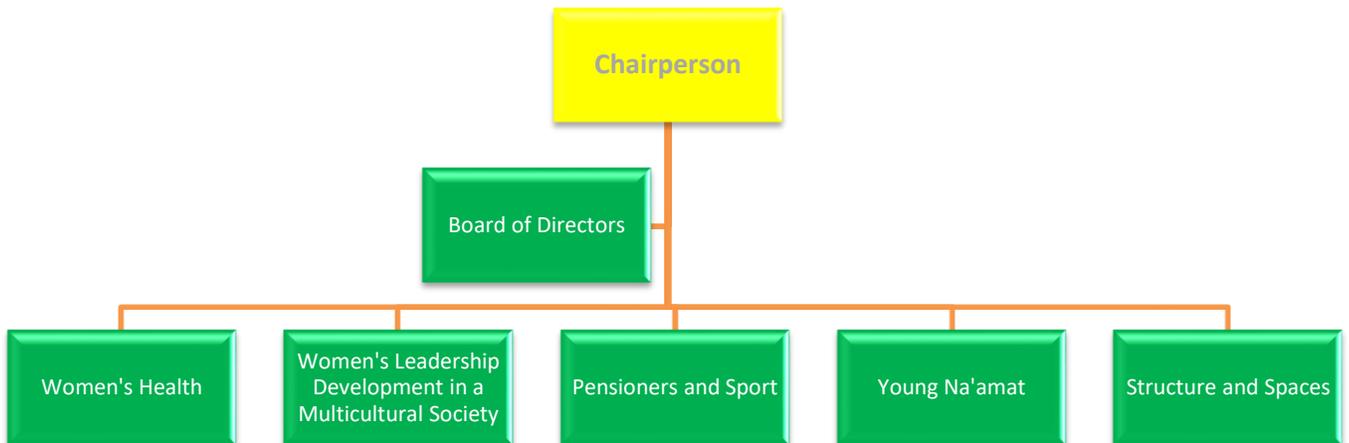
For more information on our organization's role in Israel, click on www.naamat.org.il/english .

NA'AMAT ISRAEL STRUCTURE

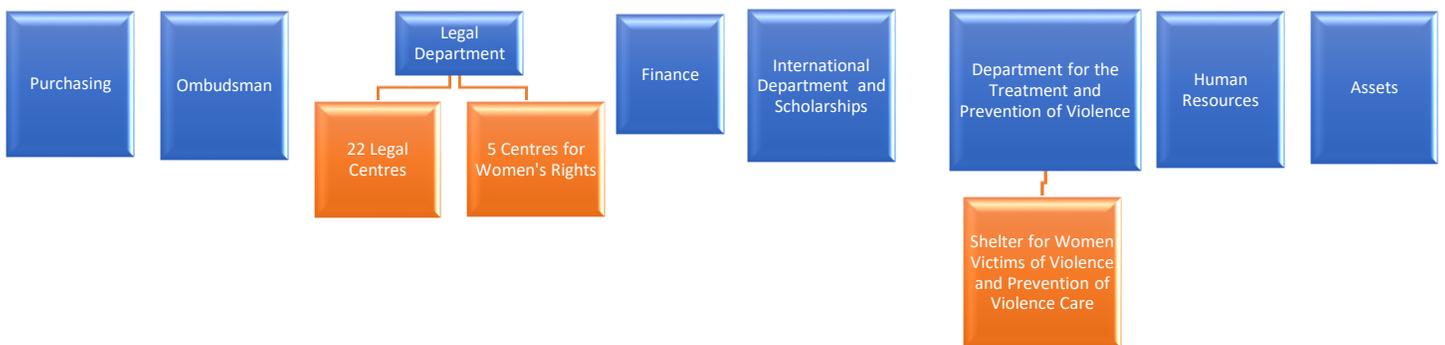
NA'AMAT is the Hebrew acronym for:
NASHIM OVDOT UMITNADVOT
(English Translation: *Working Women and Volunteers*)

National Membership in Israel consists of **300,000 women**
Managed by **30 Regional Offices**
Headed by Elected Representatives

NA'AMAT ISRAEL DIVISIONS

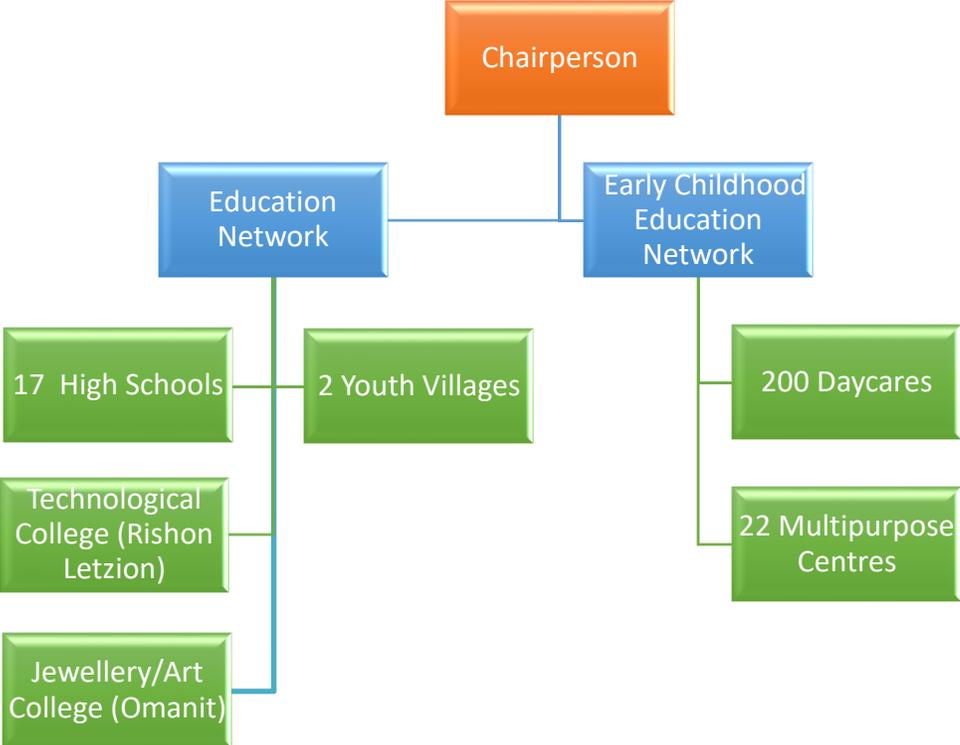


NA'AMAT ISRAEL PROFESSIONAL DEPARTMENTS



Please note: The size of the box does **not** indicate the size of the department.

NA'AMAT ISRAEL EDUCATION NETWORKS



WHAT NA'AMAT DOES IN ISRAEL

NA'AMAT ISRAEL has 30 Councils throughout the country and is also active in Arab and Druze Villages. Its work in Israel encompasses the following areas:

1. LEGAL ADVISORY

In locations throughout the country, Na'amat's Legal Department has over 25 different branches staffed with lawyers who provide advice and help to women. Professionals offer help in such personal issues as domestic abuse and violence, employment discrimination, sexual harassment, and illegal termination during pregnancy. As part of its continuing role as a leader in the field of women's rights, Na'amat drafts and introduces legislative proposals to the Knesset, and submits petitions to the Supreme Court on the Status of Women and their legal rights.

2. DOMESTIC VIOLENCE SUPPORT AND PREVENTION

Statistics show that there are over 200,000 battered women and half a million children in Israel exposed to domestic violence each year. Na'amat's two centres for Prevention of Violence in the Family, in Tel Aviv (the Glickman Centre) and Haifa, have aided thousands of these victims. Our centres deal with the authorities and provide legal counselling, run support groups for battered wives and provide rehabilitation services for battering husbands. Na'amat tries to break the cycle of violence by changing the patterns of behaviour where possible, and when not, help to find alternatives for the victims of the violence.

The Glickman Centre, established in 1993 as the first women's shelter in Israel, is made up of three distinct sections: The Shelter, the Counselling and Treatment Centre and the Rhodie Blanshay Benaroch Multipurpose Children's Centre Wing, a safe haven for children living in the shelter. The Centre was funded by the Tel Aviv Municipality Foundation and Na'amat Canada.

Working with the Israel Defence Forces, the police and universities, Na'amat psychologists also conduct educational sessions with young men and women to increase their awareness of the danger signs that can lead to abuse between couples.

3. WOMEN AND FAMILY RIGHTS CENTRES

Helping over 10,000 women annually, these centres focus on the challenges of women in need, utilizing a staff comprised by lawyers, psychologists, and social workers. Innovative vocational and leadership courses are also offered to women seeking to advance their careers and to start up new businesses. These centres can be found in all major cities of Israel including Jerusalem, Tel Aviv, Haifa, Beer Sheva and Petah Tikvah, which is a Na'amat Canada supported facility.

4. WOMEN'S HEALTH CENTRES

These centres offer an array of education and counselling vital to building awareness about common female health issues, so women and girls will be able to detect and ultimately prevent illness. They provide educational programs on childbirth, eating disorders, prevention of osteoporosis, family planning, menopause, and nutrition. There are also individual and group therapy programs for post-natal and menopausal women and support groups for cancer patients and their families.

Na'amat also has two Health and Empowerment Centres in Carmiel and Sderot. These centres offer medical preventative projects and lectures/workshops for women and families.

5. EARLY CHILDHOOD EDUCATION (DAYCARE CENTRES)

As the largest provider of childcare services in Israel, Na'amat operates 200 Daycare Centres throughout the country and cares for over 15,000 infants and toddlers from ages 3 months to 3 years. The Centres are in large cities, frontier settlements, development towns, agricultural settlements, and Arab villages. The existence of the Na'amat Daycare centres makes it possible for working mothers to remain in their jobs even when their children are very young.

Na'amat understands that many of our children find themselves at risk in their family environment because of the socio-economic hardships. In a warm and secure environment, individual attention is given to orphans and to children who have been abused, traumatized by terrorism, or have come from homes afflicted by poverty or other difficult family situations. Because of this unfortunate reality, 22 Na'amat extended service daycares run from 7:00am to 7:00pm to allow up to 2000 children to spend their waking hours in a safe and nurturing environment.

6. TECHNOLOGICAL HIGH SCHOOLS

Na'amat maintains 17 Technological High Schools, including 7 in the Arab sector. These schools give a second chance to thousands of students each year who were not able to succeed in the regular education system. In addition to the basic subjects, students are given courses in photography; communications, business management, early childhood education, computer graphics; interior design; bookkeeping; hairdressing and jewellery making. All students receive a well-rounded education under the supervision of a dedicated staff who work to instill pride, self-confidence, and a sense of accomplishment in all who attend the schools.

7. YOUTH VILLAGES

Na'amat runs two youth villages (boarding schools) for middle and high-school aged students – one in Ayanot and one in Kanot. These schools serve a diverse population of youngsters. These schools, with approximately 600 students in each, have many that come from underprivileged families. The students regard their schools as their homes as well as a place of learning and socializing. Although both schools began as a way of teaching newly arrived Jewish immigrants how to work the land, today, each school focuses on giving students the tools they need to succeed and to make a positive contribution to Israel's society. Along with their traditional curriculum of agriculture and farming programs, Ayanot and Kanot offer their students programs in veterinary studies, criminology, and police studies in addition to all compulsory subjects needed for the matriculation exams and a high school diploma. As they gain new skills and feel the admiration of others, these young people gain pride in themselves and their hope for the future.

8. PROFESSIONAL SCHOLARSHIPS AND RESEARCH GRANTS

Each year, Na'amat awards 180 university scholarships to academically gifted Israeli women. By doing so, these women of merit gain the opportunity to attend institutions of higher learning and complete their bachelor's and master's degrees. Many have demonstrated special aptitude in fields traditionally occupied by men – engineering, medical and scientific research. Na'amat scholarships offer recipients opportunities to develop the skills and education they need to escape poverty, enter promising careers, and make their mark on Israeli society. We believe that through this important program, we contribute to the advancement and empowerment of a future generation of women.

Na'amat also offers awards for annual research grants that help women pursue their PhDs in the fields of gender studies (4 grants) and medical science (7 grants).

Na'amat Canada is made up of members right across the country. Currently, we have active clubs/chapters/groups in Vancouver, Edmonton, Calgary, Winnipeg, Ottawa, Hamilton, Toronto, and Montreal.

Each chapter/club/group elects a local Executive. When a Na'amat Canada city has three or more chapters/clubs/groups, the members elect a Council that *acts* like a local Board of Directors. These councils coordinate events that occur in their respective cities. These Executives and Councils are composed of, but not limited to, positions such as:

- President
- Past President
- Vice President
- Secretary
- Treasurer
- President
- Membership Chair
- Communication Chair
- Programming Chair

All Council and City Presidents have the responsibility of communicating information that transpires at our National Board Meetings to their local membership. As well, some cities have part-time Coordinator staff members who are resource persons for volunteers of that city.

NA'AMAT CANADA GOVERNANCE

Members of our Na'amat Canada National Board are elected by our members every three years at our National Convention. Any member in good standing can attend our Convention and vote for the Board nominees. Not only is Convention a time where we reconnect with our fellow Na'amat friends, it is an ideal opportunity to gain insights into the latest work being done by Na'amat in Israel.

National Board meetings are held in Toronto at least twice a year with one meeting coinciding with our Annual General Meeting. Lately, we have also begun experimenting with holding meetings by Zoom. Board meetings are a time for sharing ideas, creating new policies, and reconnecting with fellow Na'amat Canada Board members. Although the Board does a lot of business in a condensed amount of time, these weekends also allow for Board members from across Canada to form new connections and bonds. It is a time of regrouping and refueling that helps to sustain the organization.

As Na'amat Canada is a member driven organization, our National Board is comprised of volunteers, representing membership from across the country. Na'amat Canada staff, along with various volunteer advisors, also attend Board meeting but in a non-voting capacity.

Board Meeting Attendees

Voting Members	Non-Voting Members
National President	Executive Vice President
National Vice President	Membership Coordinators
Six Additional Board Members	Organizational Development Advisor
Council and City Presidents	Habonim Dror Representative (Optional)
Past National Presidents	Other Advisors may be appointed as needed

National Board Executive

Members of the National Executive (selected by the Board)
National President
National Immediate Past President
National Vice President *
Three members serving as either National Finance; Membership Engagement and Leadership Development; Education; or Social Advocacy & Fundraising Committee Chairs

*National Vice President holds one of the Committee Chairs

Select staff members are sometimes invited to attend National Executive meetings.

NATIONAL COMMITTEES

Na'amat Canada has 4 national committees

- 1) Education
- 2) Finance Committee
- 3) Membership Engagement & Leadership Development (MELD)
- 4) Social Advocacy & Fundraising

Often, the work of these committees overlaps.

Each Board member is encouraged to join the committee that aligns best with their area of expertise or interest. Ladies from the general membership are also invited to be part of these committees as we like to see engagement from across the country.

NA'AMAT CANADA LOCAL SOCIAL SERVICES

Na'amat Canada has developed local social service projects that not only help people in our own back yard, but act as a good publicity tool, increasing our organization's visibility within our local communities.

1. School Supplies for Kids

Since its inception in 1998, the Na'amat Canada School Supplies for Kids program, with the support of concerned individuals, corporate sponsors, and volunteers, has provided tens of thousands of children in domestic violence shelters with school supply kits, enabling them to re-enter the school system with hope and dignity. Typically, battered women and their children arrive at these shelters with little or no money and with very few personal possessions. For safety reasons, some of the children now must enter new schools. This experience is stressful, but not having their basic school supplies adds to their anxiety. Na'amat Canada is proud to be there to help alleviate this stress.

2. Social Programs for Seniors

Our Na'amat Canada volunteers run activities and social programs targeted at seniors.

- Luncheon programs are held in meeting halls or party rooms. A home-style lunch is served while our senior guests are entertained by speakers or performers.
- Matinée theatre outings are planned during the summer months at local playhouses. An air-conditioned bus is hired for a day's outing to see a comedic play or musical.
- Some of our chapters/clubs/groups prepare *mishloach manot* baskets at Purim. They deliver the care packages to Jewish seniors' residences and nursing homes.

3. College Bursaries (Edmonton & Calgary)

Designed to mirror Na'amat's scholarship program in Israel, Na'amat Canada Edmonton and Calgary provide annual bursaries in Alberta to further advanced education. These bursaries are available to female students enrolled in a certificate or diploma program. Most often they are awarded based on financial need and preference is given to single mothers.

4. Toiletries for Women's Shelters (Toronto)

Na'amat Canada Toronto's Club Aviva collects donated toiletries and cosmetics from Na'amat Canada members and friends. Volunteers package these products and distribute them to women's shelters.

NA'AMAT CANADA TYPICAL CITY CALENDAR

July, August:

- Our fiscal year begins July 1st. Summer is marked by informal social gatherings.
- Annual Membership dues are due.
- Club Executives plan their fundraising/programming schedules for the upcoming year.

September:

- Installation of Council and city Executives (done every three years)
- Membership Evening for prospective members

October, November:

- Fall Major Fundraising Event

December:

- Some cities run a Tribute to Members Event, celebrating their local membership
- Chanukah themed Fundraising Event

March:

- International Women's Day Event

April-May:

- Spring Major Fundraising Event
- Volunteer Appreciation Month

June:

- End of season club/chapter/group get-togethers

These are just a sampling of possible events/projects that occur on a yearly basis.

Year-Round Projects:

- A**
- (1) Special Occasion Cards
 - (2) Capital Campaigns – funds for the renovation and enhancement of Na'amat's facilities and capital needs in Israel. This is a three-year fundraising campaign, at specific locations, undertaken at the Tri-annual convention
- B** **Club/Chapter/Group Specific Events:**
Any programs, educational, fundraising, social, etc., planned by clubs/chapters for themselves or in conjunction with other clubs/chapters/groups. Lately we have begun doing country wide programming as well.
- C** **Direct Mail Campaigns:**
The National Office sends out donation request letters at these three times each year: Rosh Hashanah, Chanukah, and Passover. A city may request to be exempt from one of these mailings if they are doing a major fundraising campaign at the same time. They must make this request at least 6 weeks before the mailing goes out.

D Na'amat Canada's Shopping with a Purpose (SWAP):

Begun in the summer of 2020, these monthly online shopping events are coordinated by a committee. Vendors pay to participate, and they are given an opportunity to promote and sell their products to this Facebook group. Each month, a new aspect of Na'amat's work in Israel is featured and posts are created to allow members to learn more about what Na'amat does. The increased exposure has been beneficial in many ways.

THE DIFFERENCE BETWEEN QUOTA AND DESIGNATED FUNDS

As stated in our mission statement, one of our main goals is to raise funds to support Na'amat Israel in the areas of education and social services. The terms quota, undesignated, designated and capital campaign often come up and can be confusing.

Quota or Undesignated (Maintenance) Funds:

Each year, Na'amat Canada sets out a financial goal (quota) for each city. This money is used for the general purpose of maintaining the facilities and programs currently being run in Israel by Na'amat. Since the dollars raised are not going to a specific program or facility, they are considered "Undesignated Funds." Quota funds are also used to cover the administration costs incurred in Canada to run the organization.

Designated Funds:

Money that a city has raised for a specific campaign or project is deemed to be "Designated" and does not count towards a city's allocated quota commitment. On occasion, donors will specify where they would like their gifts to be used. These funds also become designated then. Cities often find it easier to raise money for specific projects rather than for program maintenance purposes. However, we need to remind our members and donors that their first priority must be to fulfill their quota obligations so that the programs that are already running will continue to do so.

Capital Campaigns:

Each board three-year term, Na'amat Canada also takes on a capital campaign or two. These are larger specific projects that Israel would like us to help fund. Past examples are the Swing into Action playground replacement project, new dorm rooms at Kanot, an expanded dining room at Kanot, and daycare refurbishments. Each city is also given a specific amount to raise over three years for these projects. They technically fall under the designated funds section of our fundraising.

NA'AMAT CANADA SOCIAL MEDIA PLATFORMS

Facebook

Na'amat Canada, as well as its cities, clubs and chapters across the country have an active presence on Facebook. To find a specific page or group, either search in Facebook or contact the National office at naamat@naamat.com requesting information on specific pages and/or groups.

Please encourage your members, friends and family to “like” and “follow” our Facebook pages, post comments and share our posts. And be sure to do the same yourself. Let’s get our name out there.

Twitter

Na'amat Canada has a Twitter account - **@NaamatCanada**. If you are on Twitter, please follow us and retweet often. If you have items that you would like to be tweeted out, please connect with the National Office and they will forward it to the people who tweet on our behalf.

Instagram

Na'amat Canada also has an Instagram account as [naamatcanada](https://www.instagram.com/naamatcanada). Visit us often.

It is vitally important to remember that Na'amat Canada is not a political organization. We cannot be seen as supporting one party over another here in Canada.

All members must also be aware that their activity online and in public can reflect on the organization.

Please be mindful of this.

It is so wonderful to have you as a member of Na'amat Canada. We hope that you find your time spent with us to be meaningful, enjoyable, and worthwhile.

NA'AMAT CANADA FACTS IN BRIEF

Na'amat Canada is federally incorporated and its charitable tax receipt registration number for income tax purposes is 107758096 RR0001.

- 1925 Pioneer Women of Canada established as a branch of Pioneer Women of America, a sister organization to the Council of Women Workers in Palestine.
- 1944 Canadian branch bank account opened.
- 1947 Canadian branch office established in Montreal.
- 1951 Canadian branch Executive Secretary hired.
- 1956 Regional Conference held in Montreal where decision is made to hold referendum to separate Pioneer Women of Canada from Pioneer Women of America.
- 1957 Canadian Conference held in Toronto where motion to separate Pioneer Women of Canada from Pioneer Women of America is defeated.
- 1965 Convention held in Philadelphia where motion to separate Pioneer women of Canada from Pioneer Women of America is re-introduced. Motion passes and is ratified.
- 1966 First Canadian National Convention held in Montreal where Dvora Blanshay is elected President. Theme of Convention is "BLUEPRINT FOR TOMORROW".
- 1969 First Canadian only funded project (community centre) opens in Migdal Ha'Emek, Israel.
- 1969 Second National Convention held in Toronto where Ruth Wolfish Rotman is elected President. Theme of Convention is "TOMORROW IS NOW".
- 1972 Third National Convention held in Winnipeg where Freda Sohmer is elected President. Theme of Convention is "ACT – Action, Commitment, Total Involvement" .
- 1974 First edition of "CANADIAN PIONEER WOMEN" (CPW) Magazine published.
- 1975 Fourth National Convention held in Ottawa where Eva Natch is elected President. Theme of Convention is "REVIEW AND RENEW-FIFTIETH ANNIVERSARY".
- 1978 Fifth National Convention and Tour held in Israel where Flora Naglie is elected President. Theme of Convention is "A DIRECT LINK – SEEING IS BELIEVING".
- 1980 First All-Canadian Leadership Seminar held in Israel.
- 1981 Sixth National Convention held in Montreal where Pearl Mekler is elected President. Theme of Convention is "VIVE LA DIFFERENCE".
- 1981 Pioneer Women becomes Na'amat Canada.

- 1984 Seventh National Convention held in Edmonton where Florence Simon is elected President. Theme of Convention is “EXPANDING HORIZONS”.
- 1987 Eighth National Convention held in Toronto where Tillie Margolis is elected President. Theme of Convention is “CHALLENGE & CHANGE”.
- 1990 Ninth National Convention held in Winnipeg where Rhona Blanshay is elected President. Theme of Convention is “YES WE CAN – WE’RE NA’AMAT”.
- 1993 Tenth National Convention held in Montreal where Etty Danzig is elected President. Theme of Convention is A DREAM FOR TOMORROW – UN REVE POUR DEMAIN”.
- 1996 Eleventh National Convention held in Jerusalem where Erika Bloom is elected President. Theme of Convention is “JERUSALEM 3000 WITH NA’AMAT”.
- 1999 Twelfth National Convention held in Vancouver, B.C. where Marilyn Myers is elected President. Theme of Convention is “NA’AMAT MEETS THE 21ST CENTURY”.
- 2002 Thirteenth National Convention held in Toronto where Anita Blanshay is elected President. Theme of Convention is “PATHWAYS TO THE FUTURE”.
- 2005 Fourteenth National Convention held in Ottawa where Esther Rodzynek is elected President. Theme of Convention is “THINK ISRAEL, THINK NA’AMAT”.
- 2008 Fifteenth National Convention held in Jerusalem where Rivka Shaffir is elected President. Theme of Convention is “NA’AMAT CANADA, NA’AMAT ISRAEL BE’YACHAD”.
- 2011 Sixteenth National Convention held in Toronto where Orit Tobe is elected President. Theme of Convention is “TOMORROW IS TODAY”.
- 2014 Seventeenth National Convention held in Ottawa where Sarah Beutel Morgan is elected President. Theme of Convention is “MAKING A DIFFERENCE DAILY”.
- 2017 Eighteenth National Convention held in Toronto where Doris Wexler-Charow is elected President. Theme of Convention is “IT STARTS WITH US”.
- 2020 Nineteenth National Convention held via Zoom where Sandi Seigel is elected President. Theme of Convention is “TOGETHER WE ARE STRONGER”.

NA'AMAT CANADA FUNDED INSTALLATIONS IN ISRAEL

Prior to 1966, Pioneer Women of Canada partnered with Pioneer Women of America to support various building and maintenance programs in Israel. At our first National Canadian Convention, we assumed responsibility for the building of the Migdal Ha'Emek Community Centre. This was our first and certainly not our last undertaking!

Achva:	Achva Daycare Centre refurbishment
Ashdod:	Bikat Hayareach Community and Daycare Centre
Ayanot:	Ayanot Youth Village
Be'ersheva:	Comprehensive High School - drafting room new build
Be'er Tuvia	Mosh Aviv Daycare Centre refurbishment
Carmiel:	Daycare Nursery (Knights of Pythias) - Montreal Sue and Stan Goldfarb Daycare Centre - Toronto Carmiel Day Care Centre - Toronto
Gedera:	Kanot Youth Village <ul style="list-style-type: none">- Science Building – Winnipeg- Chaya Surchin Home Economics Room and Steele Gym – Winnipeg- Equestrian Office Building- Toronto.- Police Academy Residence – Toronto- Dormitories, Dining Room and Fitness Room refurbishment
Givatayim:	Community Centre Darom and Maon Adamit Daycare Centre Women's Rights Centre (2)
Hadera:	Na'amat Canada Technological High School –Toronto
Haifa:	Omna Baby Home Community and Daycare Centre Pedagogic Centre – Toronto. Beit Shimon Daycare Centre refurbishment - Toronto
Holon:	Rose and Louis Sharp Community Centre and Daycare Women's Club and Vocational High School – Toronto Beit Canada Daycare Centre - Toronto
Jerusalem:	Beit Ellisheva Daycare Centre refurbishment - Toronto Katamon Gimmel Daycare Centre - Toronto. Baka Beit Montreal Daycare Centre - Montreal Hebrew University Sophie Udin Library School
Kanot	Kanot Youth Village Dorms, Middle School, Dining Room and Fitness Centre
Lod:	Beit Matlow Daycare Centre –Toronto

Migdal Ha'Emek: Na'amat Canada Community Centre

Naharia Naharia Day Care Centre - Montreal

Nes Ziona: Ayanot Youth Village

Or Akiva: Morris Saltzman Women's Centre

Petach Tikva: Community and Daycare Centre
Women's Rights Centre refurbishment - Toronto
Kfar Ganim Daycare Centre refurbishment - Toronto

Ramat Gan: Beit Canada Community and Daycare Centre
Hat'marim Daycare Centre

Rishon LeZion: Ramat Eliyahu Daycare Centre refurbishment - Toronto

Tel Aviv: Glickman Centre for the Treatment and Prevention of Violence in the Family
Glickman Centre Rhodie Blanshay Benaroch Children's Centre
Ha'aviv Daycare Centre refurbishment - Toronto

Tiberius Nitizanim Day Care Centre

In the last number of years, money raised by Na'amat Canada has also gone towards a country-wide Daycare Centre playground refurbishment program. Along the way, several other small refurbishments and equipment upgrades have been made to various facilities.



212-5555 Westminster Ave, Montreal, Quebec H4W 2J2
Phone: 514.488.0792 Fax: 514.487.6727 Toll Free: 1.888.278.0792
Email: naamat@naamat.com Web: www.naamat.com